



ADOLESCENT SAFETY CONTRACT

By participating in the JSO Treatment Program you must agree to follow all rules of the program unless other or special arrangements have been made. The program rules have been developed to ensure community safety; reduce the risk that you might re-offend as well as the chance that someone might falsely accuse you of sexually re-offending. Your failure to comply with these rules may result in you being suspended or terminated from the program. When applicable, please make sure to also follow all probation or court requirements as well.

Placement and Supervision Rules:

- Must be the only child residing in the home.
- Must have his/her own bedroom.
- Must have an alarm/door monitor on his/her bedroom.
- May share a bedroom but must be placed in a bedroom with a child that does not have a history of sexual abuse victimization, sexual aggression or sexual reactivity.
- Must never be placed in a bedroom with a younger or more vulnerable child (Ex. Developmentally delayed, medically fragile, much smaller children, etc.).
- Must receive sight and sound supervision while with children 2 or more years younger (until determined no longer necessary by his/her Therapist).
- Must not watch or babysit younger children; volunteer work that requires contact with younger children.
- Must NOT have contact with any of the following people or victims:
 1. _____
 2. _____
 3. _____
 4. _____

Cell Phone/Internet Safety:

- No restrictions on cell phones, electronic devices, and social media accounts. Final decision for access to these items is determined by caregivers/family care counselor/probation officer/court.
- Client is not allowed unsupervised access to cell phones or electronic devices with internet access. All electronic devices with internet access in the home should have parental controls and passcodes.



Additional Restrictions and clarifications:

Contact with Victims and Potential Victims

1. I will not have contact with any of my victims unless I have pre-approval from my therapist. I will not talk to my victims. I will not call, text, write or message my victim through social media (i.e., Facebook, Instagram, Snapchat, Tik Tok, etc.). I will not send messages to my victims through other people. I will not send gifts to my victims.
2. I will not intentionally visit where my victims live, play, work or go to school. I will not go to the homes or residences of my victim's family or friends unless pre-approved by my therapist.
3. I will follow the 3-second rule if I have accidental contact with any of my victims. If I am at the same location as my victims, which cannot be avoided, I will always stay at least 150 feet away from my victim and be appropriately supervised.
4. I will not have direct or indirect contact with any children more than two (2) years younger than me unless directly supervised by my parent/guardian or an adult supervisor who is aware that I must be supervised at all times while with younger children. Supervision must always be sight and sound.
5. I will not sleep with or share a bed with anyone . Everyone should sleep in their own spaces.
6. I will always knock before entering any closed doors, especially bedrooms and bathrooms.
7. I will not be in the bathroom with others at the same time. I will not use public bathrooms with younger children.
8. I will not babysit or watch other children.
9. I will only be permitted to be supervised by adults who are aware of my safety plan or primary guardian (i.e., mother, father grandparent, foster parent).



Control of Inappropriate & High-Risk Factors

1. I will not buy or possess pornography; including pornographic cartoons. I will follow the 3-second rule if I accidentally visit an adult or pornographic website by ending my visit to that site within 3 seconds.
 2. I will not create, send (e.g., AirDrop, etc.), or request “nudes”/pornographic material. I will delete, block, and report to an appropriate adult, including my therapist if I receive “nudes” or pornographic material.
 3. I will not make prank, obscene and/or sexual phone calls or post sexual comments online.
 4. I will not set up or use fake accounts that hide my identity on social media. I will also not use other people’s accounts.
 5. I will not exchange sex with others for money, favors, games, toys, etc... I will not groom, force, trick, bribe, threaten or make people feel guilty to have sex with me or to perform sexual acts.
 6. I will not wrestle horseplay or play touching games with my victims or children more than 2 years younger than me.
 7. I will not use objects (e.g., clothing, dolls, panties, stuffed animals, handcuffs, etc.) during sexual acts.
 8. I will not masturbate in public places or in the presence of others.
 9. I will not involve animals during sexual acts.
 10. I will not have sexual contact with anyone who is 2 years younger than me or who is under the legal age of consent. I will not have sexual contact with anyone who may be mentally delayed, impaired due to illness or under the influence of medication, drugs, or alcohol.
 11. I will not expose or flash my body parts to others for any reason, even as a practical joke.
- I will not engage in other criminal or illegal behaviors, including the use of illegal substances or abuse of over-the-counter medications.



OTHER SAFETY RULES/REQUIREMENTS:

12.

CLIENT HANDBOOK & SAFETY PLAN ACKNOWLEDGEMENT

I acknowledge that I have received a copy of the JSO Client Handbook and that all the information in the client handbook concerning the treatment program has been reviewed and explained to my satisfaction. This includes information about the following: treatment requirements, therapy schedule, monthly treatment service/s provided, group rules, outpatient treatment requirements, group location, grievance procedure and initial therapy appointments.

I also acknowledge that a copy of the VCC Safety Plan has been provided to me as well as reviewed and explained to my satisfaction. I also commit to following the VCC Safety Plan as well as to not sexually acting out in the future.

I agree to follow all the treatment information provided to me. I understand that failure to meet these requirements may result in my suspension and/or termination from the program.

(For group members on court/probation status)

I understand that if I am suspended and/or terminated from treatment I will be referred back to probation/court with a possible violation of community control and/or full prosecution.

I acknowledge that I have been scheduled to begin attending treatment on the following dates:

Group Date: _____ Individual Date: _____ Family Date: _____

SIGNATURES:

Client: _____ Date: _____

Parent/Guardian: _____ Date: _____

VCC Therapist Staff: _____ Date: _____

STAFF NOTICE: This form MUST be signed by all those listed above and uploaded into client's chart.