



## FAMILY SAFETY PLAN – CHILD VERSION

Client Name:		Today's Date :	
Name of Caregiver/s:		Child's Age:	
The above named client has been identified as having special safety needs due to the following reason(s):			

### PLACEMENT & SUPERVISION RULES

*Please mark all that apply:*

- Must be the only child residing in the home.
- Must have his/her own bedroom.
- Must have an alarm/door monitor on his/her bedroom.
- May share a bedroom but must be placed in a bedroom with a child that does not have a history of sexual abuse victimization, sexual aggression or sexual reactivity.
- Must never be placed in a bedroom with a younger or more vulnerable child (Ex. Developmentally delayed, medically fragile, much smaller children, etc.).
- Must receive sight and sound supervision while with other children (until determined no longer necessary by his/her Therapist).
- Must NOT have contact with any of the following persons:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_

### PREVENTION RULES

*Caregivers will enforce and discuss, if appropriate, the following prevention rules with all family members living in their home:*

- 1) Caregivers will establish reasonable guidelines concerning what level of supervision (auditory, visual in the same room) is required for persons living in the home. All at-risk children including sexually victimized and sexually aggressive or reactive children newly placed with caregivers will require at least visual supervision until they become better known to the caregivers, such as during respite placements.
- 2) Older children will never be responsible for baby-sitting or supervising younger children.



- 3) Caregivers will limit access to bedrooms by establishing and enforcing ground rules on who is allowed to visit whose bedroom and under what conditions. Family members will respect personal space, such as knocking before entering a room.
- 4) Caregivers will encourage, model and support open communication among family members about important events occurring in the home. No secrets among family members are allowed.
- 5) Caregivers will never allow children to access and/or view pornographic material (Ex. Magazines, pictures, internet, phones, video, etc.).
- 6) Caregivers will model and enforce appropriate physical boundaries among family members living in the home. Physical affection between children should be brief and should avoid bodily contact such as lying together or sitting on laps.
- 7) Children will never be together in a bedroom or bathroom behind closed doors.
- 8) All family members will bathe, shower and toilet separately, with the door fully closed (except when caregivers need to assist young children who may need help).
- 9) All family members will sleep in their own beds.
- 10) Family members will respect personal space such as knocking before entering a room.
- 11) Caregivers will establish a dress code which outlines the type of clothing that is acceptable and under what circumstances.
- 12) No alleged or registered sexual offenders will be allowed to associate or have contact with client.
- 13) No sexual behavior will be permitted in front of children and any sexual acting out behavior demonstrated by client or other known children will be reported to client's Family Care Counselor, Case Manager and/or Therapist.
- 14) Clothes will be worn at all times by all family members. All clothing worn will be appropriate.
- 15) The caregivers will follow all psychiatric and counseling recommendations. Caregivers will support the child(ren)'s therapy by participating and keeping regular communication with the Therapist about relevant issues.
- 16) Caregivers will hang up the "House Rules" form (attached) in a highly visible area of the home and will review it frequently with the child(ren).

CLIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_



**ADDITIONAL RULES**

*Some additional and/or more specific rules that apply to our family, based on the child's known history and high risk factors:*

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_

**APPROVED SUPERVISORS**

*The following people are also approved to supervise contact between client and other children:*

Full Name	Relationship

**INTERVENTION STRATEGIES**

*In the event that prevention measures break down, and dangerous behaviors occur or appear imminent, caregiver(s) will immediately:*

- 1) Separate the child from others, especially others the child may have abused.
- 2) Report the incident to the child's Family Care Counselor (or On-Call Staff), Therapist and if necessary, the Abuse Hotline at 1 (800) 962-2873 (96-ABUSE).

CLIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_



**SIGNATURES**

*I agree to follow the safety plan and rules outlined above which I understand are designed for the protection of the child(ren) in my care.*

Printed Name	Signature	Name of Placement	Date
Caregiver:			/ /
Caregiver:			/ /
Other (Specify):			/ /
Other (Specify):			/ /
Other (Specify):			/ /
Family Care Counselor:			/ /
Family Care Counselor Supervisor:			/ /
VCC Therapist:			/ /

CLIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_



## HOUSE RULES

1. Only use **GOOD TOUCH**.
2. Stay out of each others rooms unless supervised or visiting with permission and while the door is open.
3. **Only one** child allowed in the **bathroom** at a time.  
(The bathroom door should be closed for privacy when taking a bath, showering or using the toilet.)
4. Ask for **permission to touch** others as well as their things.
5. Be **honest** and always **tell the truth**, especially about touching.
6. **Wear clothes** at all times when in front of other family members.
- 7.
- 8.

**Caregiver/s:**

Please place this page in a location that is highly visible to each family member such as the bottom part of the refrigerator, child's bedroom door or a bathroom mirror. Please also let the child's Therapist know if you need additional copies of this page. Thank you.

CLIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_