



ADOLESCENT SAFETY CONTRACT

By participating in the Sexual Abuse Treatment Program - Adolescent Offender Program you must agree to follow all rules of the program unless other or special arrangements have been made. The program rules have been developed to ensure community safety; reduce the risk that you might re-offend as well as the chance that someone might falsely accuse you of sexually re-offending. Your failure to comply with these rules may result in you being suspended or terminated unsuccessfully from this program.

Therapeutic Activities

1. I will attend and be on time for all scheduled appointments (e.g., group, individual, family therapy sessions). I will call in advance if I have to miss an appointment. I understand that all absences and treatment work must be made up and my Therapist determines if my absence is excused or unexcused.
2. I will comply with all rules of the program and group treatment rules.
3. I understand that a regular and updated progress report will be written and/or provided when:
 - (a) I have an unexcused absence;
 - (b) I repeatedly fail to complete treatment/homework assignments;
 - (c) I act-out; or
 - (d) I fail to comply with program rules.
4. I understand that if I fail to make progress, I may be suspended and/or terminated from the program.
5. I understand that my Therapist and treatment staff determine whether or not I am making progress and whether or not I can advance in the program (i.e., achieve higher treatment levels).
6. I will complete all evaluation or assessments when requested including polygraph assessments and drug screens.

Limits of Confidentiality

1. I understand that there are no secrets among the treatment staff. Information that I tell one VCC staff member may be shared with all treatment staff (Ex. Supervisor, Staff Psychologist, Clinical Care Coordinator, etc.).



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2. I understand that the treatment staff may have to talk to law enforcement professionals, medical professionals and other relevant people if I am at risk for hurting myself or someone else.
3. I understand that the treatment staff must report any/all victims of child abuse and/or neglect to the state abuse registry and that if I disclose the name, family relationship or any identifying information of another victim it will be reported.

Contact with Victim/s and Potential Victims

1. I will not have any type of contact with any of my victim/s, unless I have pre-approval from my Therapist. I will not talk to my victim/s. I will not telephone, text, e-mail, video, video chat or write notes to my victim/s. I will not send messages to my victim/s through other people. I will not send gifts to my victim/s. I will not make any type of request of my victim/s.
2. I will not visit where my victim/s live, play, work or go to school. I will not go to the homes or residences of my victim/s family or friends unless pre-approved by my Therapist.
3. Any contact with my victim/s will be arranged and approved by my therapist. I will follow the 3-second rule if I have accidental contact with any of my victims. If I am at the same location of my victim/s which cannot be avoided I will stay at least 150 feet away from my victim and be appropriately supervised at all times.
4. I will not have direct or indirect contact with any children more than two (2) years younger than me unless directly supervised by my parent/guardian or an adult supervisor who is aware that I must be supervised at all times while with younger children.
5. I will not sleep with or share a bed or room with any younger children unless pre-approved by my Therapist and Probation Officer.
6. I will always knock before entering any/all closed doors, especially bedrooms and bathrooms.
7. I will not share a bathroom with others. I will not use public bathrooms with younger children.
8. I will not baby-sit or watch other children.
9. I will only be permitted to be supervised by adults who have been pre-approved by my Therapist and/or primary guardian (i.e., mother, father grandparent, foster parent).



Control of Inappropriate & High Risk Factors

1. I will not buy or possess pornography from magazines, videos, cell phones and/or the internet. I will not watch pornographic videos or movies. I will not use the computer or internet to view pornographic material or visit child and/or adult oriented websites. I will follow the 3-second rule if I accidentally visit an adult or pornographic website by ending my visit to that site within 3 seconds.
2. I will not look or “cruise” for victims. I will not walk or ride around without purpose. I will not sit and watch people for no reason.
3. I will not go to parks, malls and or other places where children and potential victims are located without supervision and unless approved by my Therapist (and Probation Officer). I will only go to school or school activities as directed. I will not obtain employment or volunteer work that requires contact with children.
4. I will not have contact with, use prostitutes or have sex with others for money, favors, games, toys, etc... I will not travel through or go to places where prostitutes are known to be located.
5. I will not make obscene and/or sexual phone calls, videos, pictures, etc. I will not take sexual or nude pictures or video anyone under the age of 18 since that is considered child pornography. I will not possess or ever look at child pornography.
6. I will not touch people without their permission. I will not tickle, horseplay wrestle or play touching games with children more than 2 years younger than me.
7. I will not look down peek in or under peoples clothing without their consent. I will not disrespect people or objectify and rate people in terms of their attractiveness.
8. I will not use objects (e.g., clothing, dolls, panties, etc.) during sexual acts. I will not practice fetish behaviors.
9. I will not masturbate to deviant fantasies (e.g., thoughts of re-offending, having sex with younger children or engaging in inappropriate or illegal sexual behavior). I will stop deviant fantasies using the 3-second rule.
10. I will not use animals during sexual acts.
11. I will not have sexual contact with anyone who is 2 years younger than me and/or who is under the legal age of consent. I will not have sexual contact with anyone who may be mentally delayed, retarded or under the influence of drugs or alcohol.



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12. I will not force or threaten people to have sex with me or to perform sexual acts. I will not trick or bribe people to have sex with me. I will not make people feel guilty so they will have sex with me.

13. I will not expose or flash my body parts at others for any reason, even as a practical joke.

14. _____

15. _____

CLIENT ACKNOWLEDGEMENT

I acknowledge that this contract has been reviewed with me and explained to my satisfaction. I understand and agree to follow all of the conditions identified. I acknowledge that a copy has been provided to me and my family. I also commit to controlling my sexual behaviors and to not sexually re-offend.

Client Signature

Date

PARENT/CARETAKER ACKNOWLEDGEMENT

I acknowledge that this contract has been reviewed with me and explained to my satisfaction. I understand and agree to follow all of the conditions identified. I acknowledge that a copy has been provided to me.

Parent/Caretaker Signature

Date