



SPECIALIZED IN-HOME THERAPY PROGRAM

PROGRAM DESCRIPTION:

An increasing number of children are being reported to sexually act out and abuse other children within their homes as well as in the community, such as foster care, schools, daycare facilities and afterschool programs. The VCC Specialized In-Home Therapy Program is designed to help treat children with sexual behavior problems and to decrease the risk of any future sexual acting out behavior. The program is staffed by experienced, specialized clinicians and case managers who visit client's home to help implement safety plans and offer short-term counseling services. Parent education is also offered in the homes to help caregivers recognize high risk factors and prevention strategies as well as develop interventions to help if their children act out in sexual ways. The overall goal of the program is to reduce the incidence of child-on-child sexual abuse and is made available for clients when outpatient services are not possible or sufficient.

CLIENTELE:

Clients appropriate for this program might include children/youth:

- Assessed with a sexual abuse and/or behavior problem
- Between the ages of 4 and 17
- Who reside in most, but not all counties located in DCF circuits 3 & 8
- Who present with other mental health problems but are of at least low average IQ
- Who are continuing to act out sexually **and** outpatient services are simply not feasible

TREATMENT GOALS:

Treatment goals for clients enrolled in this program might include:

- Implementing Safety Plans with child, caregivers, and family members which includes: information related to the reason for specialized treatment; placement and supervision rules; listing of approved contacts and supervisors: and prevention and intervention guidelines.
- Referrals for any other necessary services such as medical examinations, psychiatric services, victim compensation/advocacy, etc. and treatment referrals for siblings/victims.
- Intervening with school, daycare or after school care personnel related to situations in which the child is acting out sexually.
- Helping the child learn boundaries, alternative coping skills and interventions to help refrain from exhibiting inappropriate sexual behavior.
- Educating parents/caregivers related to the nature of the client's sexual behavioral problems as well as ways to reduce the risks for future sexual acting out.
- Transitioning clients to specialized outpatient services which is typically more conducive towards achieving therapeutic/treatment goals.

To make a referral call us or email a completed referral form which is available at www.villagecounselingcenter.net in the referral forms folder. Thank you.